## Sports/Physical Education Code of Conduct

#### How I treat Myself

• If I play below my best but try my best, **I should not blame myself for a defeat.** A defeat, the same as a victory, is brought about by a team.

## Players from opposing teams

- I should shake hands before & after the match
- I should treat our opponents with respect
- I should wish them well whether they win or lose.
- I should never deliberately hit an opponent.
- I should never lose my temper.

# Our Own Team Coaches

- I should respect our own team coaches.
- If I'm not picked to play in a match, I shouldn't complain.
- I should never use bad language.
- I should never be cheeky or back answer our own team coaches.
- If our own team coach is giving a pep talk or advising us, I should not interrupt.

## Supporters & Coaches of Other Teams

- I should respect adults supporting and coaching other teams.
- I should not use bad language.
- I should never give cheek to them.
- I should wish them well if I meet them after a game.

#### Fellow Players

- I should respect our fellow players and treat them as part of a team.
- The team includes the players and the substitutes the full panel.
- I should show loyalty to everyone on our team.
- I should encourage my team mates and support them, even when they make mistakes.
- I should remember my team mates are always trying their best.
- We should play as a team, not as a group of individuals.

### Referees

- I should respect the referee as he/she is in charge of the match.
- I should never give cheek or use bad language to the referee.
- I should remember that I can never change a referee's decision no matter what I say or do. A referee's decision is always final.
- If the referee's decision seems unfair, I should not give out, sulk, blame other people; instead I should get on with the game.
- I should shake hands with the referee and thank her /him after the game.

When participating in sport organised by The Harold School, I agree to follow the above Code of Conduct.

Teachers have the right to choose teams to represent the school in competition. Teams/substitutes will be chosen with regard to ability and in as far as possible there will be a number of varying ability teams; A Team, B Team etc.

| Signed:                    | Date: |  |
|----------------------------|-------|--|
| Chairperson                |       |  |
| <b>Board of Management</b> |       |  |